

# Summer Event Standards

## Running Events

### LSTC SUMMER TRACK & FIELD EVENT STANDARDS

Age Divisions	100m		Hurdles 80m/100m/110m		200m		400m		Hurdles 200m/400m		800m		1500m/1600m		3000m		Racewalk 1500m/3000m	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
8U	17.00	18.00	NA	NA	35.00	36.50	1:25.00	1:30.00	NA	NA	3:10	3:30	6:20	6:40	NA	NA	NA	NA
9	16.00	17.00	NA	NA	33.00	34.50	1:20.00	1:25.00	NA	NA	3:07	3:15	6:15	6:30	NA	NA	10:20	11:45
10	15.00	16.00	NA	NA	31.00	32.50	1:15.00	1:15.00	NA	NA	2:57	3:13	6:10	6:20	NA	NA	10:10	11:00
11	14.60	15.50	17.00	19.00	30.00	31.00	1:10.00	1:12.00	NA	NA	2:47	3:09	6:05	6:15	16:00	17:00	10:00	10:45
12	13.80	14.80	15.50	16.00	28.00	30.50	1:06.00	1:10.00	NA	NA	2:41	3:05	6:30	7:00	15:00	16:00	9:50	10:00
13	13.30	14.30	19.00	20.00	27.00	29.90	1:01.00	1:08.00	30.00	33.00	2:38	3:00	6:10	6:50	14:00	15:00	21:50	23:00
14	12.40	13.90	17.50	19.50	25.50	29.50	59.00	1:06.00	29.00	31.00	2:33	2:57	5:40	6:40	13:00	14:00	20:50	22:50
15-16	11.90	13.50	18.00	19.00	24.50	27.50	56.00	1:05.00	1:07.00	1:15.00	2:17	2:46	5:15	6:20	12:00	13:00	19:50	21:50
17-18	11.40	13.10	16.50	18.00	23.40	26.50	53.00	1:03.00	1:03.00	1:10.00	2:10	2:40	4:50	6:10	11:00	12:00	18:50	20:50